



All funds go directly to **Trojan's Trek**, a program to help with the rehabilitation of military veterans and first responders adversely impacted by their duties.

Four different event options are available with medals being awarded to all winners:

- 1 5km walk (families, prams and pets on leash are welcome)
- 2 5km FEMALE run
- 3 5km MALE run
- 4 5km TEAM OF 3 EVENT

WHERE: River Torrens, directly north of the Torrens Parade Ground.

NOTE: Parking WILL be available on the Torrens Parade Ground.

BBQ, coffee and heaps of prize draws after the walk.

REGISTRATION FORM • Sunday 30th October 2022 starting at 10am

Please note: you can also complete this form and pay online at www.trojanstrek.com

Note: We order more T-Shirts than we estimate, however to ensure correct sizing please enter before **1st October**

NAME/S

ADDRESS

EMAIL

PHONE/S TEAM NAME

I DON'T WANT A T-SHIRT THIS YEAR Please donate the cost of this T-Shirt (\$15) directly to the Trojans Trek Foundation

T SHIRT SIZE/S 5XL 4XL 3XL 2XL XL L M S Sizes are generous.

Shirts may be collected from an AEP Clinic as indicated below (preferred) or at the start point from 9.30am.

Please indicate your collection intention and **enter in your diary** accordingly.

- | | | |
|---------------------------------------|---------------------------------|---|
| <input type="checkbox"/> Edwardstown | 74 Daws Road Edwardstown | Wednesday 26th October before 4.00pm |
| <input type="checkbox"/> Noarlunga | 70 Dyson Road Noarlunga Centre | Wednesday 26th October before 4.00pm |
| <input type="checkbox"/> Ridgehaven | 1017 North East Road Ridgehaven | Wednesday 26th October before 4.00pm |
| <input type="checkbox"/> Woodville | 699 Port Road Woodville Park | Wednesday 26th October before 4.00pm |
| <input type="checkbox"/> At the start | | from 9.30am please |

COST \$30 per person includes a T shirt

OPTIONAL DONATIONTax Deductible

PAYMENT OPTIONS

- On line: Visit www.trojanstrek.com to pay via PayPal or credit card.
- Cheque: Post to: AEP Health Group, RE: Trojans Trek Charity Walk, 699 Port Road, Woodville Park, SA 5011